



# 2026 RIVERBANK FOOTBALL

**R B K**

Parent Meeting

# COACHES

- Joe Pirillo: Head Coach/Runningbacks/Inside Linebackers - Year 6
- Jim Oliver: Varsity Defensive Coordinator/Defensive Backs - Year 10
- James Zepeda: Strength Coach/OL Strong Side – Year 3
- Casey Blevins: Head JV Coach/JV Offensive Coordinator - Year 12
- Jacob Allen: JV Defensive Coordinator/Defensive Line - Year 3
- Tony Hernandez: OL Quick Side - Year 3
- Daren Martin: Defensive Backs - Year 3
- Jeff Borden: Outside Linebackers - Year 2
- Zander Espinoza: Defensive Line - Year 1
- Jeff Jennings: Quality Control - Year 1



# COMMUNICATION



- Coach Pirillo
  - Cell number: 209-479-1085
  - Email: [jpirillo@riverbankusd.org](mailto:jpirillo@riverbankusd.org)
- Coach Blevins
  - Cell number: 209-985-0439
- Parent Square to send mass communication with Parents.
- Rhsbruins.com
  - Paperwork, updates, important information

- Preferred communication is email or Parent Square
- Calls are for Emergency ONLY
- All concerns must be initiated through email or Parent Square
  - Paper trail
  - Face to face meeting will be determine after email.
- No concerns will be discussed immediately after practice or games.
- Only YOUR child will be discussed about.

# WEIGHT TRAINING



- There are two classes for weight training. It is MANDATORY to be enrolled in ONE of them.
- Zero Period Weight Training or 6<sup>th</sup> Period Varsity Athletics.
- Freshmen are strongly encouraged to join Zero Period Weight Training.
- 6<sup>th</sup> Period Varsity Athletics
  - JV and Varsity Players ( Sophomores, Juniors, and Seniors only)
  - Coach Zepeda will be running the class on his Prep during 6<sup>th</sup> period.
  - Weight Training, Conditioning, Football Drills, and Study Hall.
  - This class most important period is from November through May (Offseason).

**Seniors are encourage to not take a 6th period, so they are not attached to the role sheet of the class.**

# PAPERWORK



- **Summer Workouts**
  - **MUST have a physical to participate in summer workouts. (CIF Section Bylaw 503)**
- **First Official Practice (August 3rd, 2026)**
  - **Physical on or after May 26<sup>th</sup> (Must use school form)**
    - **Primary Care Doctor, Urgent Care, or Golden Valley Health Center**
    - **Physical must be signed by the Doctor.**
  - **HOME CAMPUS account completed with physical uploaded**
  - **Player / Parent Expectation Contract**

# PHYSICALS



## Cost: \$5

- Date: Friday June 5th, 2026
- Location: Oak Valley Waterford Clinic
  - 12146 Yosemite Blvd, Waterford CA, 95386
- Time: 8:00am - 4:00pm
  - Walk-ins Only
  - Parent must be present
  - Must bring and take your Physical Form

## Cost: Free

- Date: Wednesday June 10th, 2026
- Location: Davis High School Gym, 1200 W. Rumble Road, Modesto
- Time: 8:30-10:00 AM, anyone in line by 10:00 AM will be seen. Students must bring a completed signed Athletic Physical Form with them. Parents must sign the form but do not need to be in attendance.

**MUST FIND YOUR OWN WAY THERE FOR EITHER ONE**

# Changes to Summer



	June 1	June 2	June 3	June 4	June 5	June 6
June 1-5	<b>No Workouts this week. All players must have a physical and filled out HOME CAMPUS before June 8th (First day of summer workouts). Cannot practice until cleared.</b>				<b>\$5 Physicals in Waterford Time: 8am-4pm</b>	
	June 8	June 9	June 10	June 11	June 12	June 13
June 8-12	<b>First Day of Summer Workouts Practice 7pm-9:00pm</b>	<b>Practice 7pm-9:00pm</b>	<b>Free 2nd Chance Physicals Grace Davis High School 8:30-10am Practice 7pm-9:00pm</b>	<b>Practice 7pm-9:00pm</b>		<b>Castleburg Park BBQ 1pm</b>
	June 15	June 16	June 17	June 18	June 19	June 20
June 15-19	<b>Practice 7pm-9:00pm</b>	<b>Practice 7pm-9:00pm</b>	<b>Practice 7pm-9:00pm</b>	<b>Practice 7pm-9:00pm</b>		<b>Bruin Football Car Wash 9am to 12pm</b>

# Changes to Summer



June 29	June 30	July 1	July 2	July 3	<p><i>From July 1 to July 14, we will observe the mandatory Section Dead Period. We will be adding practices for the rest of the week to make up for the first week in June.</i></p>
<b>Hughson 5 Man Lineman Challenge. Time: TBA</b>	<b>Hughson 5 Man Lineman Challenge. Time: TBA</b>	<b><u>Section Dead Period</u> No Contact or Communication</b>	<b><u>Section Dead Period</u> No Contact or Communication</b>	<b><u>Section Dead Period</u> No Contact or Communication</b>	
<b>July 6</b>	<b>July 7</b>	<b>July 8</b>	<b>July 9</b>	<b>July 10</b>	
<b><u>Section Dead Period</u> No Contact or Communication</b>	<b><u>Section Dead Period</u> No Contact or Communication</b>	<b><u>Section Dead Period</u> No Contact or Communication</b>	<b><u>Section Dead Period</u> No Contact or Communication</b>	<b><u>Section Dead Period</u> No Contact or Communication</b>	
<b>July 13</b>	<b>July 14</b>	<b>July 15</b>	<b>July 16</b>	<b>July 17</b>	
<b><u>Section Dead Period</u> No Contact or Communication</b>	<b><u>Section Dead Period</u> No Contact or Communication</b>	<b>Practice 7pm-9:00pm</b>	<b>Practice 7pm-9:00pm</b>	<b>Practice 7pm-9:00pm</b>	

# CONCUSSION PROTOCOLS/DOCTOR VISITS



- Remove any player showing:
  - Balance issues, memory problems, or head pain
- Player may not return until evaluated by a medical professional
- If concussion is diagnosed:
  - Return no earlier than 7 days after symptoms resolve
  - Must be cleared by a medical professional
- If no concussion, player may return immediately with medical approval
- Doctor's note must clearly state "no restrictions" to return
- If not, player must see doctor again for clearance

# ATTENDANCE

- Jersey selection order is based on Spring/Summer attendance and fundraising participation
- Jersey numbers are not guaranteed from year to year
- Only way to get your number, you must have:
  - 100% attendance (no tardies or early departures)
  - Consistently positive attitude
  - Strong effort and commitment
- Starting August 3rd (First official Practice)
  - Each player will have 2 sick days to use at any point in the season.
  - No questions asked.
  - After both days been used, if the player misses practice, he sits that week. Attendance is important and mandatory, but we understand life happens and something comes up.

**Tardies (School Rule) 7 tardies equal a sit, and then every 3 after. They do not reset until the semester. Get to class on time. Cannot be corrected or removed.**

# GRADES



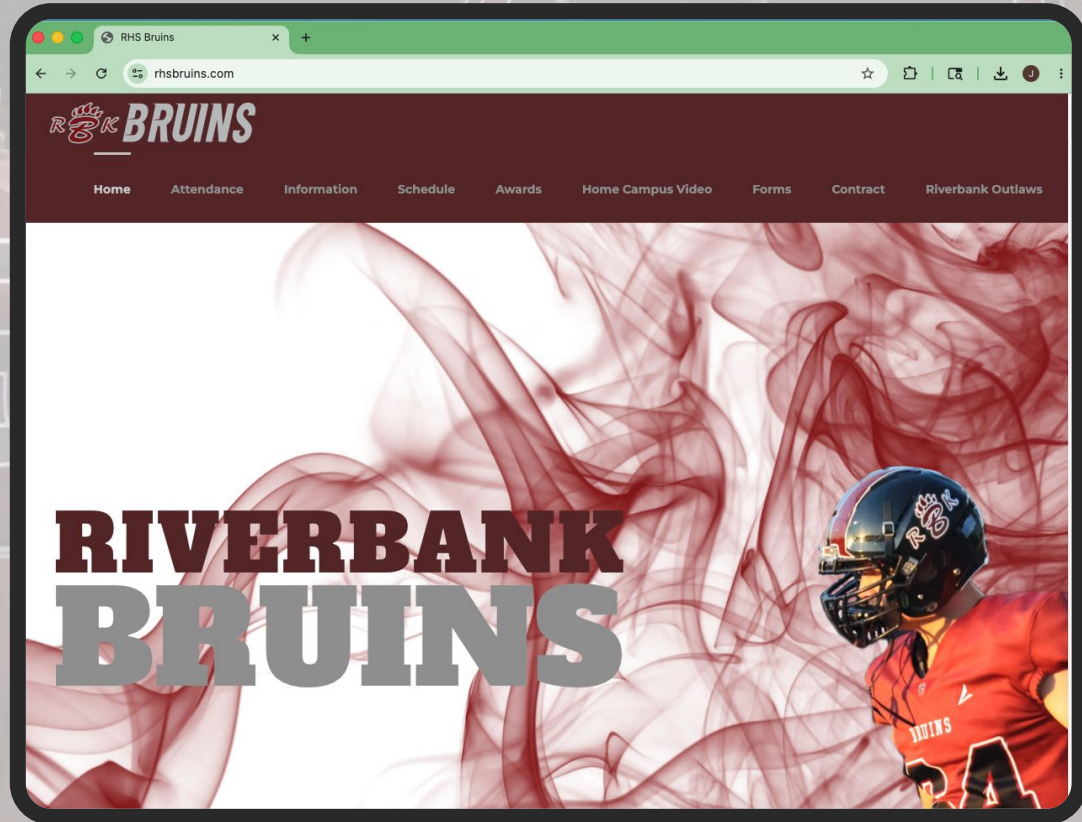
- Incoming Freshmen
- Eligibility is 2.0 GPA and no more than 1 F and no more than 1 U
- 99% of staff will work with you
  - Need to have the right attitude
  - Need to make the effort
- School is not hard
  - Missing assignments is #1 cause of failing grades
  - Classroom behavior is #2
- It is time to make Academics a priority.
- **Soph. Juniors and Seniors who are ineligible may join the team, they will need to sign a contract, understanding that they will not get a jersey, play in a game or travel with team until 1<sup>st</sup> quarter grades are out. First absence and they will be removed.**

# RHSBruins.com

- Attendance
- Game Schedule
- Bruin Calendar
- Player/Parent Contract
- Awards

<https://rhsbruins.com/>

or <https://RBKbruins.com/>



# PAST FUNDRAISERS



- 2021 Car Wash Fundraiser (\$1700)
- 2021 Eteamsponsor (\$1940)
- 2022 Car Wash Fundraiser (\$1700)
- 2022 Snap Raise (\$2231.70)
- 2023 Car Wash With Cheer (\$1300)
- 2023 Snap Raise (\$2740.65)
- 2024 Car Wash with Cheer (\$1800)
- 2024 Leading Edge Call-a-thon (\$16079.88)
- 2025 Car Wash with Cheer (\$2920)
- 2025 Leading Edge Call-a-thon (\$17314)

**Total - \$49726**

# FUNDRAISERS



- Car Wash June 20<sup>th</sup> (Hudl and Decals)
  - Sell 5 Tickets (Each Ticket sold is another point in selecting Order)
  - Mandatory to Work the Car Wash (Lose 20 Points for no show)
- Call-a-thon! Donation Service August 10<sup>th</sup> (1 Day)
  - Mandatory to Participate
  - Raise \$600 (Custom Hoodie, Jogger, and Backpack)
  - 1 Point for every \$100 raised

6TH ANNUAL  
FOOTBALL & CHEER  
GIRLS FLAG FOOTBALL  
CAR WASH



**SATURDAY  
JUNE 20TH  
2026**

9AM - 12PM  
RIVERBANK HIGH  
SCHOOL CIRCLE

#000

\$10



LEADING EDGE  
FUNDRAISING



# EQUIPMENT NEEDS

R B K



# FOOTBALL EXPENSIVE? (2021)



## District

- 2021 – Helmet Reconditioning (\$9021)
- 2022 – 28 Speed Flex Helmets (\$400 ea.)
- 2022 – Helmet Reconditioning (\$5487)
- 2023 – 14 Speed Flex Helmets (\$400 ea.)
- 2023 – 28 Phenom Shoulder Pads (\$150 ea.)
- 2023 – Helmet Reconditioning (\$7702)
- 2024 – 14 Speed Flex Helmets (\$400 ea.)
- 2024 – 28 Smoke Shoulder Pads (\$155)
- 2024 – Helmet Reconditioning (\$6673)
- 2025 – 14 F7 Helmets (\$500 ea.)
- 2025 – 10 Smoke Shoulder Pads (\$155 ea.)
- 2025 – 80 Guardian Caps (\$4969)
- 2025 – 14 More F7 Helmets (\$500 ea.)
- 2026 – Helmet Reconditioning (5625.98)

**Total - \$86874**

## ASB Football

- 2021 – Hudl (\$900)
- 2022 – Hudl (\$900)
- 2022 – New Uni's for V (\$7142)
- 2023 – Hudl (\$900)
- 2023 – New Uni's for JV (\$3098)
- 2024 – Hudl/Assist (\$2250)
- 2024 – Decals (\$900)
- 2024 – More Uniforms (\$2699)
- 2024 – New V Home Uni's (\$5260)
- 2024 – Team Bags (\$4742)
- 2025 – More Uniforms (\$6197)
- 2025 – More Team Bags (\$1686)
- 2025 – Tackling Landing Mat (\$1331)
- 2025 – Hudl/Assist (\$2250)
- 2025 – Decals (\$994)
- 2025 – Spirit Pack Gear (\$6433)
- 2025 – Endzone Camera (\$3453)
- 2026 – H&A Uni's and Gear (\$6716)

**Total - \$57851**

## Coach's Pocket

- 2021 – Girdles / Mouthpieces / Knee Pads / Decals
- 2021 – Team Banquet, Awards, Loyalty Shirts
- 2021 – Glazier Clinics
- 2022 – JV Game Pants / Mouthpieces / Decals
- 2022 – Team Sweatshirts
- 2022 – Team Banquet, Awards, Loyalty Shirts
- 2022 – Glazier Clinics
- 2023 – Decals / Knee Pads / Girdles / Cleats
- 2023 – Team Banquet, Awards, Loyalty Shirts
- 2023 – Glazier Clinics
- 2024 – Practice Jerseys / Shorts / Skull caps
- 2024 – Team Baquet, Awards, Loyalty Shirts
- 2024 – Glazier Clinics
- 2024 – Team Meals
- 2025 – Team Baquet, Awards, Loyalty Shirts
- 2025 – Glazier Clinics
- 2025 – Team Meals
- 2026 – Slot-T System

# EQUIPMENT



## Equipment & Appearance Guidelines – Riverbank Football

- All players are required to bring the following to every practice:
- Athletic shoes
- Cleats (team colors only: black, white, maroon, or silver)
- Shorts
- Water bottle
- Healthy snack

### Gear Requirements:

- **Girdles** are *mandatory* – all players must have their own.
- **Thigh, hip, and tailbone pads will NOT be provided** – players are responsible for their own.
- **Knee pads** will be issued by the team.
- **Mouthguards** will be provided, but players are encouraged to purchase a custom-fitted mouthguard for better protection.

### Uniform Standards:

- **Game tights** must be:
  - **Black** for home games
  - **White** for away games
- **Undershirts and tights** must be black, white, or maroon only.
- **Mouthpieces** must be black or maroon – *no other colors are permitted*, including gold.
- **Cleats** must be in team colors only: black, white, maroon, or silver.

### Additional Rules:

- **Pink accessories** are only worn during October for our team-wide initiative. Individual pink gear is not allowed outside of that time.
- **Visors** must be **clear only** – *no tinted visors allowed*, even with a doctor's note. Attempting to wear a tinted visor during practice will result in immediate removal and the absence will be counted.
- We play and prepare as a team. If you are unable or unwilling to follow these expectations, then **football at RBK is not for you.**

# Before You Leave Tonight...



- Car Wash Tickets
- Sign Contract

