



Riverbank High School Football Program

Player and Parent Expectations Contract

Player Expectations

As a student-athlete representing Riverbank High School, I understand and agree to the following:

1. I will attend all practices, meetings, and team events. **Attendance is mandatory** unless previously cleared with a coach.
2. Missing practice will result in reduced playing time, regardless of role or ability.
3. I am a **student first**—academic performance, behavior in class, and eligibility are priorities.
4. I will treat coaches, teammates, opponents, and officials with **respect** at all times.
5. I will conduct myself with **integrity** on and off the field. My **behavior** represents the entire program.
6. If I am **ejected from a game for fighting**, I will serve a **minimum 3-game and up to 6-game suspension**, depending on the incident.
7. A **second ejection for fighting** will result in **removal from the team for the rest of the season and a suspension from part of the next sport season**.
8. I will **communicate** directly with my coaches if I have questions about playing time, performance, or other matters.
9. I understand the use of **drugs, alcohol, or vaping products** is strictly prohibited and will result in disciplinary action **up to dismissal** from the team.
10. I will be **on time, prepared, and coachable** at all times.
11. I will take care of my **equipment, uniforms, locker room, and facilities**.
12. **No cell phone use is permitted inside locker rooms.** Phones must be off and stored away.
13. I understand that in order to be on the team roster, I must be enrolled in either **6th period Varsity Athletics** or **Zero Period Weight Training**.
14. If I am removed from the team due to **behavior or academic performance**, I understand that I will still remain **enrolled** in the athletics class (**Zero or 6th Period**) and will be expected to fully participate and follow all classroom expectations. Removal from the class will **not** be approved by counselors.



Parent Expectations

As a parent/guardian of a Riverbank High School football player, I agree to the following:

1. I will **support** and uphold the **character, values, and mission** of Riverbank High School and its athletic programs.
2. I will exhibit **good sportsmanship** and be a **positive** representative of **RHS** at all team **functions, games, and events**.
3. I understand that **inappropriate or disruptive behavior** (including but not limited to **yelling at officials, coaching from the stands, or disrespect toward coaches or players**) may result in consequences for **my child's** participation on the team.
4. I will only engage coaches in conversations regarding **my own child**. I will not inquire or comment on **other players'** playing time, roles, or discipline.
5. I will respect the authority and decisions of **RHS coaches, faculty, administrators, and game officials** at all times.
6. If I am ejected from a game, I understand it will result in a **six (6) game suspension from attending games**, including both home and away.
7. A **second ejection** will result in being **barred from attending the remainder of the season**.
8. I will use appropriate channels to communicate concerns—**24-hour rule (no game-day conversations)**, and **scheduled meetings only**.
9. I understand playing time is **earned** and will not be discussed unless related to effort, attitude, or attendance.
10. I will ensure my child arrives **on time** and is picked up **promptly** after games and practices.
11. **Parents and family members are not permitted inside locker rooms** unless invited by a coach due to injury or emergency.

Signatures

We have read and understand the above expectations. We agree to follow the Riverbank High School Football Program Contract throughout the season.

Player Name (Printed): _____

Player Signature: _____

Date: _____

Parent/Guardian Name (Printed): _____

Parent/Guardian Signature: _____

Date: _____